



The Big Pedal is the UK's largest inter-school cycling and scooting challenge that inspires pupils, staff and parents to choose two wheels for their journey to school.
www.bigpedal.org.uk

How it works

This year's challenge will run from **18-29 April** and is open to individual classes as well as whole schools.



On each day of the challenge **schools compete to see who can record the greatest number of pupils, staff and parents cycling or scooting to school**. A school's best five days will determine their final position, but they can log journeys on all ten days if they wish.

For schools unable to take part in the main challenge we also have a one-day version, which can include cycling and scooting activities in the school day as well as on the journey to school.

2015 was our best year yet



- Over **1,300 schools** made **1,420,422 journeys** to school by bike and scooter
- On average **25% of pupils at participating schools took part every day** – amazing when you consider just 2% of pupils use cycling in the UK as their usual way to get to school
- If those journeys had been made by car, we saved over **1,000 tonnes of CO₂** and over **94,000 gallons of fuel**, costing over **£475,000**.

What schools say about The Big Pedal

We surveyed schools after the 2015 event and these were just a few of the findings:



- **93%** of respondents from schools who took part in The Big Pedal said it raised awareness of cycling and scooting in their school
- **75%** of respondents said that pupils continued to cycle or scoot to school following the event.

“I found The Big Pedal easy to organise, and it gave an excellent structure to motivate the pupils by setting targets for them to beat.”

Teacher, Wey Valley School

Prizes

All schools will be entered into daily prize draws for rewards including **bike and scooter stunt shows, equipment and storage** if over **15%** of your school cycle or scoot on each day of the challenge. Prize details will be announced on The Big Pedal website.



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FAQs



- **Who can take part in The Big Pedal 2016?**
All schools in the UK can take part in The Big Pedal.
- **Is it possible to just take part on certain days of the race?**
Yes. Schools are able to record journeys on all ten days of the challenge; however you can identify five or one specific day to take part on, should you wish.
- **Can I see which schools in my area are taking part?**
Yes. There is a list of schools that have registered on the website which you can search alphabetically, by school name or Local Authority. You can also view a map of schools taking part.
- **Is the challenge fair for small/large schools?**
Yes. Schools enter their whole school roll or individual class size at registration and their daily score is produced by working out the percentage of pupils that have cycled or scooted to school in relation to their school or class size. Schools with fewer than 35 pupils are required to enter the class challenge.
- **Is the challenge only for children?**
No. We encourage school staff and parents/siblings/guardians to take part. These 'supporter' journeys are made by adults who have accompanied a pupil on their journey to school. Supporters must have also made the journey by bike or scooter.

Fundraising



In 2015, thousands of children across the UK transformed in to their favourite superhero for the day to celebrate the finale of The Big Pedal. The day was a great success and raised more than **£6,000** for Sustrans.

We will be running the superhero event again during the 2016 challenge, on the final day, **Friday 29 April**. Parents, staff and children are encouraged to dress up as their favourite superhero, decorate their bikes and scooters or purchase our exclusive Big Pedal superhero wheelie transfers. Transfers can be bought from our online shop, movewithsustrans.org.uk and given out during the challenge.

Be part of something big

We're setting our sights high for The Big Pedal 2016 and aiming to encourage 2000 schools to take part. Help us achieve our target and take part in the biggest Big Pedal ever! www.bigpedal.org.uk



Sustrans is the charity that's enabling people to travel by foot, bike or public transport for more of the journeys we make every day. Our work makes it possible for people to choose healthier, cleaner and cheaper journeys, with better places and spaces to move through and live in.

It's time we all began making smarter travel choices. Make your move and support Sustrans today.

www.sustrans.org.uk