Relationship and Sex Education Policy

Approval Date: April 2017

Review Date: December 2027

Headteacher: T Emberson

Three Bridges Primary School Relationship and Sex Education (RSE) Policy

Introduction

At Three Bridges Primary School we believe that RSE is an essential part of a child's education, in preparing them for a future as confident individuals with the knowledge and skills they will need as they mature. From September 2020 this will be taught in all year groups.

Aims and Objectives

We aim to:

- inform the children of scientific and biological facts at the appropriate stage
- foster self-esteem, confidence and positive body image
- enable them to explore and ask questions about themselves and others
- encourage positive relationships with those around them
- ensure children have the knowledge and skills to keep themselves safe now and in the future

Context

RSE is taught across the school from Reception through to Year 6 and is embedded in the school curriculum across both key stages, therefore eliminating any taboos or misinformation.
Most of the topics are covered within Science or PSHE lessons and only occasionally are there stand-alone sessions where children may watch DVD support materials.

The school currently uses Yasmine and Tom materials as the main resource for teaching relationship and sex education. These resources have been selected on the basis of their being a more culturally sensitive version, appropriate for our school community. All parents are given the opportunity to view these resources prior to screening. As a school, we also use Education 4 Safeguarding and Kapow resources when teaching aspects of the RSE and PSHE curriculum.

The youngest children in the school begin by learning about family and friends, with the emphasis very much on relationships with those around us. As they progress through the school they will cover differences between boys and girls, animal reproduction, changes, puberty and body image and finally human reproduction.

Roles and responsibilities

Parents

We know that parents/ carers will decide how they want to address these discussions at home and understand that this is not always easy. The school encourages parents/carers to contact them to discuss the school's approach to teaching the sex education element of RSE.

Teachers

Most often, RSE will be delivered by class teachers during PSHE and Science lessons. Occasionally (in year 5 and 6) classes are split on a gender basis to be taught by a member of staff of the same gender (where possible) to discuss the more personal aspects of puberty and relationships,

including those of a sexual nature. Teachers make themselves available to answer appropriate questions as and when required. Questions that are deemed inappropriate for the age group will be referred to parents/carers.

Head Teacher and Governors

It is the responsibility of the Head Teacher to ensure that both staff and parents are informed about this RSE policy, and that the policy is implemented effectively.

The Head Teacher works in partnership with the Governors to monitor and review all policies on a regular basis.

Confidentiality

Teachers conduct RSE lessons in a sensitive, age appropriate manner and in confidence. The children are expected to respect this confidence and can therefore contribute freely to discussions. However, if a child makes reference to any behaviour that may suggest cause for concern, the teacher will take the disclosure seriously and deal with it as a matter of child protection. This will be referred to the Designated Safeguarding Lead within school and dealt with in consultation with health care professionals (see Child Protection Policy).

Previous Sex & Relationship policy approved March 2017

Appendix to Three Bridges Primary School Sex and Relationship Education (RSE) Policy

Coverage across the school:

Yr R

Relationships – family and friends

Yr 1

How have I changed?
Babies – human and animal
How are boys and girls different?
Body parts and appropriate touch

Yr 2

Positive relationship management (how to be a good friend/ falling out)
Growing
Basic lifecycle
Living & Growing DVD Unit 1 (age 5-7) – Differences, How did I get here? and Growing Up

Yr 3

Food and nutrition, skeleton and muscles (Science curriculum)
Falling out & bullying
Bodies – what is 'normal'?
Feelings and how to recognise/manage them

Yr 4

Stereotyping
Positive relationships (family, friends, school)
Lifecycles
Feelings and worries

Yr 5

Families and partnerships
Love – changing feelings
Puberty -health and hygiene
Social media – information, guidance (incl. age appropriateness) and safe use

Yr 6

Health, hygiene, nutrition
Moving on (secondary school) and managing relationship changes
Social media
Living and Growing DVD Unit 2 (Age 7-11) Changes, Boy talk and Girl talk
And Unit 3 (Age 7-11) How babies are made