

Our school rules:
ready, respectful, safe

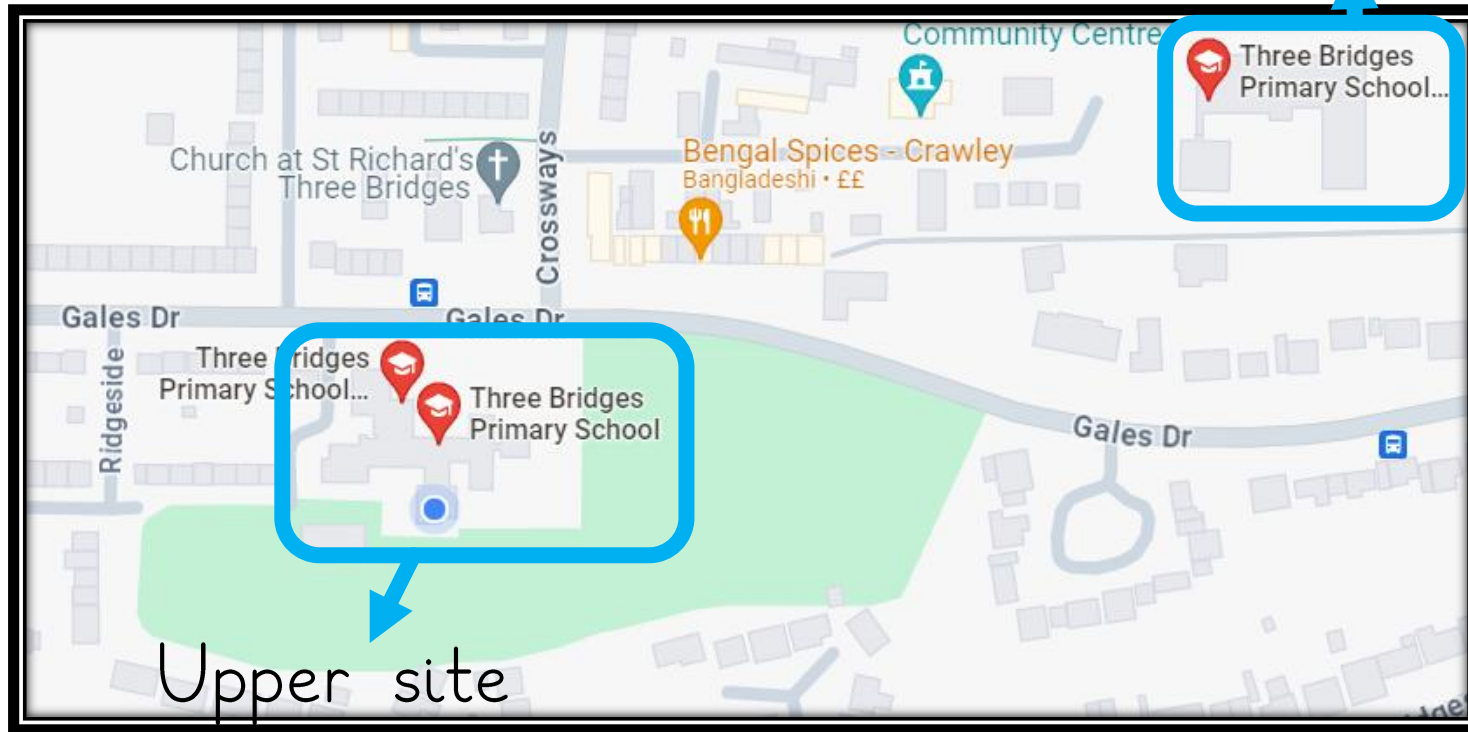


Welcome to Three Bridges!
Reception Class of
2026

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Three Bridges Primary school:

Lower site
-Nursery to Year 2



- Year 3 to Year 6



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Adults I need to know: Senior Leadership Team (SLT)



Mrs Emberson
Headteacher



Mr Stockton
Deputy Headteacher



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Adults I need to know:

Inclusion & Extended leadership team



Mrs McCartney
Assistant Headteacher
Inclusion Manager



Mrs Smallman
Assistant Headteacher
Inclusion Manager



Mrs Hooper
Assistant Headteacher
Teaching and Learning



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Adults I need to know:

Inclusion:



Miss Burrows
SSC/ SEND teacher

Phonics:



Miss Harman
Phonics Teacher

EYFS lead:



Miss Kennett
Y1 teacher



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Office staff:



Mrs Ambrozi-Moore
Admin Assistant



Mrs Craig
Admin Assistant



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The Orchard



Pear
Nursery



Apple

Mrs Butcher



Cherry

Miss Hordell-Welton

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Why are we here?



To work together to build a **safe**, **respectful** and nurturing environment focused on every LEARNER's well-being, ensuring they are **ready** for the world.



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What do we want to see?

LEARNER

Learn, Enjoy, Achieve, Respect,
Nurture, Engage, Resilient

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What are our rules?

Ready
Respectful
Safe



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Curriculum content:

What topics will the children study?

Autumn	Spring	Summer
I wonder what makes me special	I wonder about the world around me	I wonder what change looks like

Autumn -
World Nursery Rhyme Week
Stay and Play
Christmas Performance

Spring -
Bedtime Experience
Local walk
Emergency Services Visit
Stay and Play

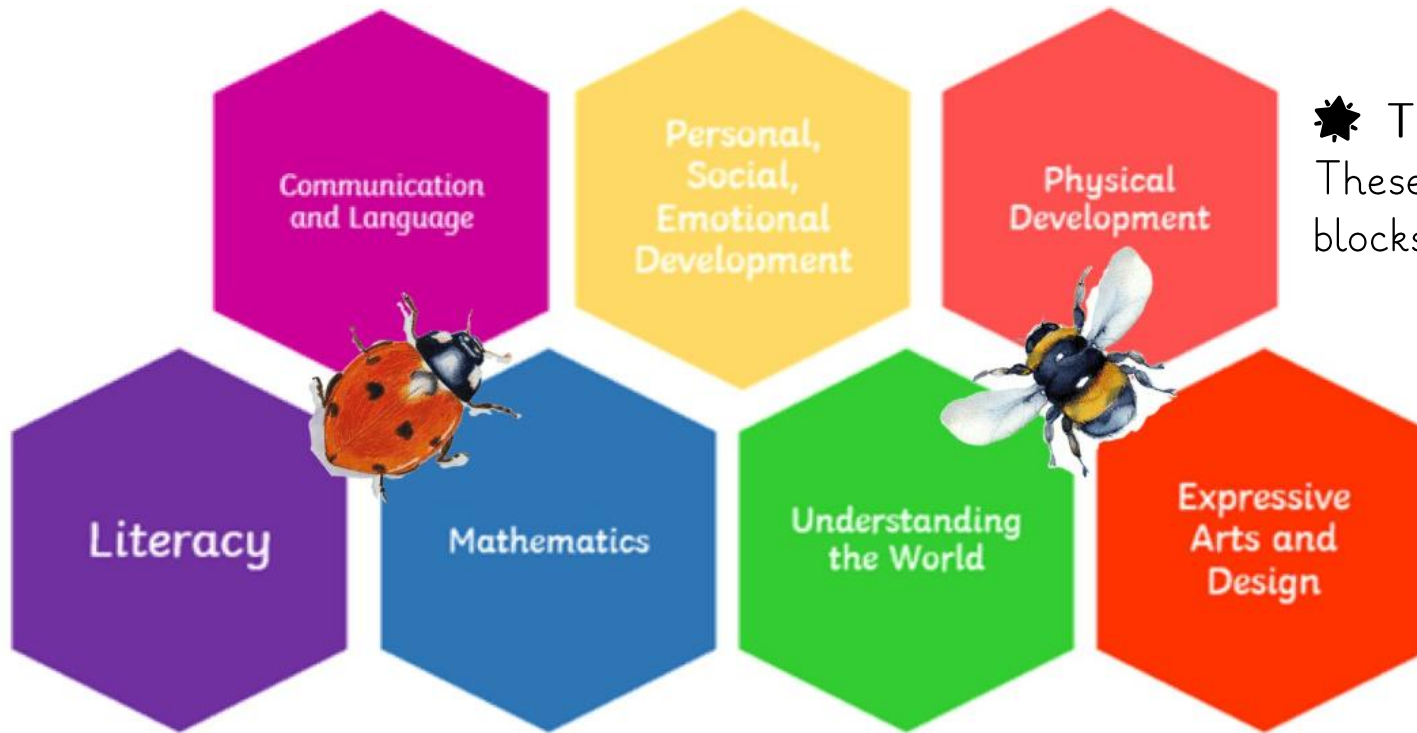
Summer -
Browning's Farm
Sports Day



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Curriculum content:

There are 3 Prime Areas and 4 Specific Areas:



★ The 3 Prime Areas
These are the essential building blocks of development.

📖 The 4 Specific Areas
They provide the knowledge and skills children need to flourish in society and school.



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Curriculum content:

How will I know what my child is doing?



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The school day:

What should my child bring to school?



A book bag



A water
bottle



A lunchbox



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The school day:

What does a PE kit look like?



Mr Wells



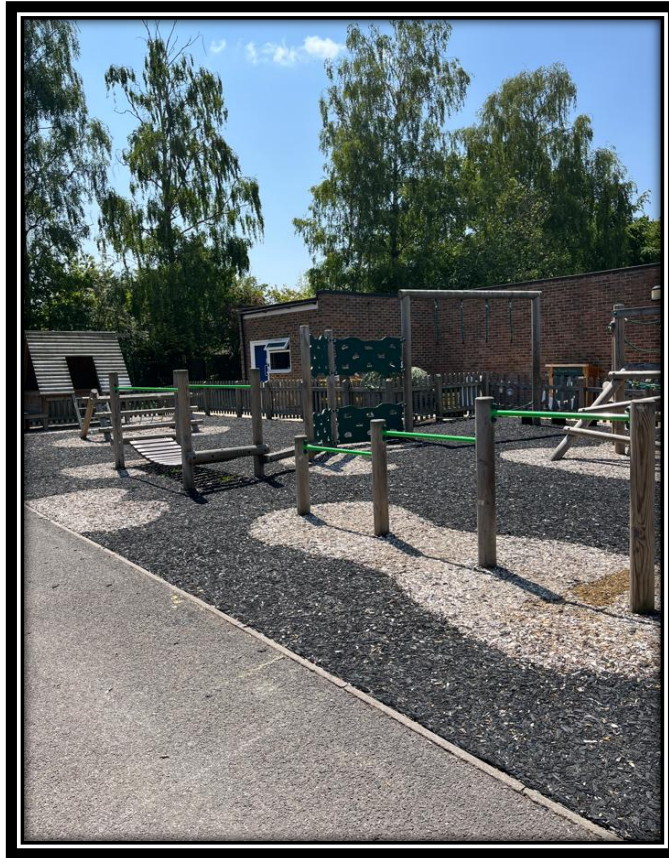
Mr Spackman



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Playtimes:

What will my child do during lunch play?



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Universal Free School Meals and Pupil Premium:

<https://www.westsussex.gov.uk/education-children-and-families/schools-and-colleges/free-school-meals/>



The grant is currently:
£1,515 per eligible primary pupil



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Is your child ready?

School is about so much more than learning to read and write!
Here at Three Bridges Primary School we will support your child to:-

- Grow in independence
- Develop skills in taking care of themselves
- Explore and grow through supported playing
- Develop their creativity and curiosity
- Experience being with others and working together
- Help build relationships and friendships
- Widen their communication and language skills
- Support them with listening and engaging
- Support their physical development
- Have FUN!



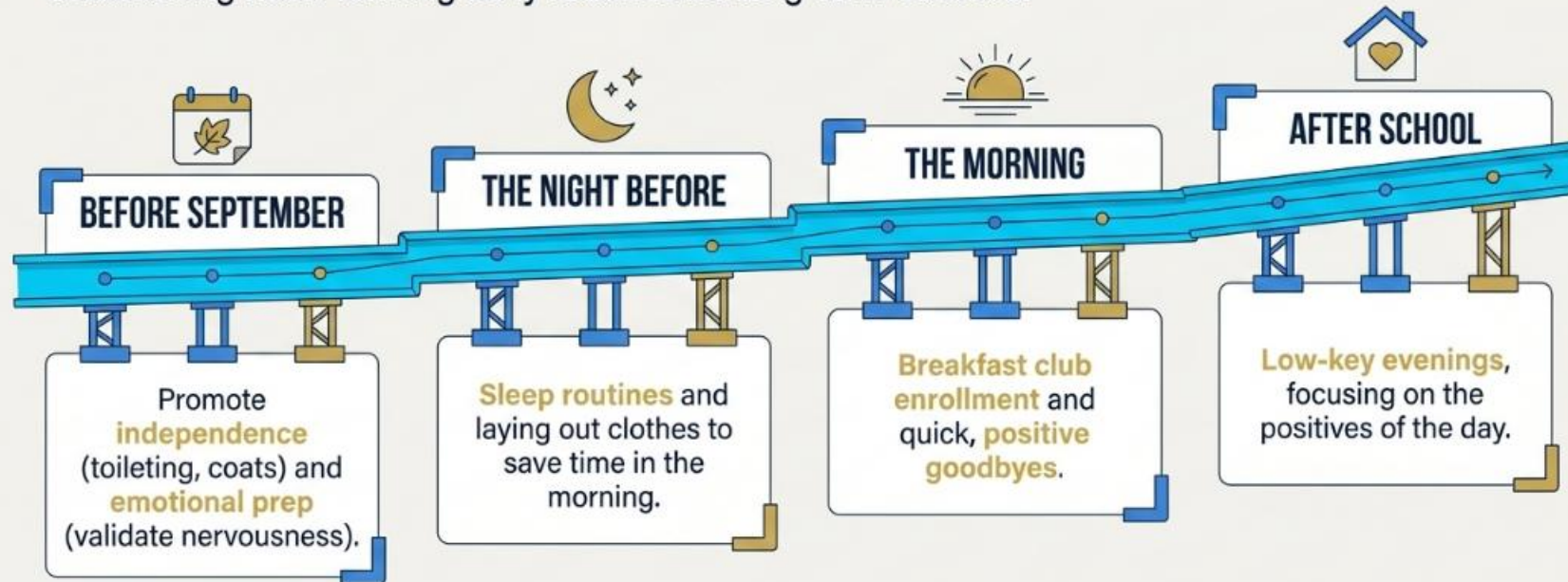
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Is your child ready?



STARTING RIGHT: THE HABIT FORMATION FLIGHTPATH

Evidence shows pupils attending well in their first year maintain this through their careers. 95%+ in early years means they are 2x more likely to meet developmental milestones, establishing habit-forming early routines for long-term success.



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Is your child ready?



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Next steps

- I am emotionally ready:

I am confident being away from my adult

I am able to identify how I feel and share it with others

I am willing to have a go at new activities

I keep trying when I find new things difficult

I know who to ask for help if I am unsure

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Next steps

- I am socially ready:

I am able to share with others

I am able to take turns

I am good at making friends

I enjoy interacting and playing



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Next steps

- I am physically ready:

I can use the toilet independently

I can wash my hands independently

I can move around confidently (walk, run, jump)

I have good muscle control: arms, hands, fingers

I have good balance



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Next steps

- I am ready to communicate:

I can engage in activities e.g. listening to a story

I can follow simple instructions

I am understood when I talk

I am able to talk about myself, my thoughts, and my feelings

I enjoy sharing stories

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Next steps

- I am practically ready:

I can use a knife and fork

I can open and close my packed lunch box

I can sit at a table to eat

I have a good bedtime routine so I get enough sleep

I have breakfast before I come to school



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Next steps

- A little extra:

I can recognise my own name

I am aware of numbers and counting

I join in with counting, number songs and
number play

I experiment with filling and emptying
containers

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How?

Before September

Independence: Encourage your child to go to the toilet alone, wash their hands, and manage their own clothes, such as putting on coats and shoes.

Routine: Maintain school-year routines for bedtime and waking to ensure they are well-rested. If you do have a later wake up/bed time in the holiday, make sure you scale this back to school time in the last week of the holidays.

Emotional Prep: Talk positively about school, read stories about school, and validate their feelings (it's okay to be nervous about a new class).

Social & Academic: Arrange playdates, practice sharing, and encourage (but do not force) early, fun literacy and numeracy activities.

Communication: Ensure the school is aware of specific needs, allergies, or support your child may require.



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How?

First Day Tips:

- ✓ Keep goodbyes quick and positive, reassuring them you will return.
- ✓ Expect tiredness and potential moodiness in the first few weeks as they adjust.
- ✓ Keep evenings low-key, avoiding too many extra activities.

After each school day:

- ✓ Ask about what they enjoyed today
- ✓ Try to find the positive in new experiences
- ✓ If your child shares a worry then tell us about it, so we can help but do encourage them that going to school is expected, even if some days feel a little harder than others.



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How?

In the Morning:

- ✓ A good morning starts the night before! Get that sleep routine organised.
- ✓ Help your child by laying out their clothes the night before and packing any needed items in their school bag. *This not only helps save time but sets up the expectation of going in to school the next day*
- ✓ Have breakfast and talk about something they are looking forward to, or use our breakfast club!
- ✓ Help them develop skills like washing, brushing their teeth and getting dressed.



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How?

In the Evening:

- ✓ Have a predictable routine.
- ✓ Do the same relaxing things in the same order, at the same time every night. These could include a warm bath, dimming the bedroom lights, and reading a story together quietly.
- ✓ Try to avoid screens for an hour before bedtime, and make sure there's no TV or tablet on in the room when they're going to sleep.

There are some great ideas here and a video:

<https://www.bbc.co.uk/tiny-happy-people/articles/zyv6xbk>



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What is separation anxiety?

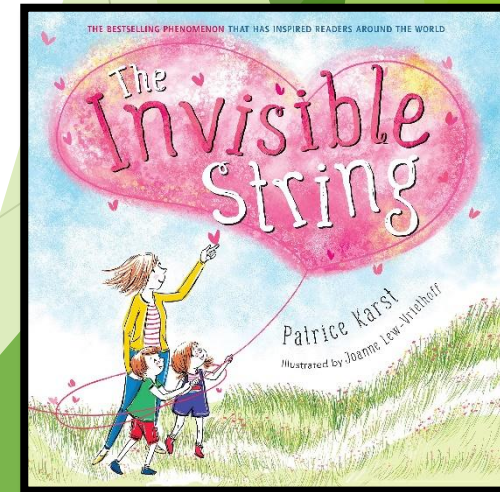
Separation anxiety in reception is a *normal developmental stage*. Children feel fearful when leaving parents/ carers, often resulting in crying, clinging, or school refusal.

To manage this, establish consistent, quick, and positive goodbye routines, practice separations beforehand, and use comfort items. Teachers will support by providing a calm, predictable environment with visual schedules

If it starts to become a habit you can help at home with:

- ✓ Establishing routines and predictability
- ✓ Sleep hygiene support
- ✓ Paying positive attention and sharing experiences
- ✓ Identifying positive, individual time to spend with your child outside of school
- ✓ Make 'timetables' for pupil & parents, showing what both are doing that day
- ✓ Use of transitional objects

The Invisible String, a book by Patrice Karst may be helpful



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IHCP

Individual Health Care Plan

Why Does Your Child Need an IHCP?

An IHCP ensures that school staff know exactly what to do, when, and by whom to keep your child well. It is usually needed if your child has an ongoing or serious medical condition—such as **asthma**, **severe allergies**, **epilepsy**, or **diabetes**—that requires regular medication, physical accommodations, or carries a risk of a medical emergency.



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Any Questions?

*The presentation will be uploaded to Dojo
and the school website*

